

FROM ANTIQUE TO AMERICA- MEMOIRS OF A FILIPINO-AMERICAN DOCTOR

By Dr. Cesar D. Candari , MD, FCAP Emeritus

A book entitled **“SUCCESS IS A JOURNEY”**, creating a Life from Antique to America will be released soon. It is a story of the life, memoirs of a Filipino - American physician from Antique to America. Antique is where I came from in the Philippines. This is the first book memoir written by a Filipino-American physician (Foreign Medical Graduate) among the 20,861 (census of 2008) doctors now practicing in the U.S. The book will be released soon. Here is the message from Congressman Bob Filner of the 51st Congressional District of California:

“My warmest congratulations to Dr. Cesar D. Candari for writing this book of his memoir, entitled "SUCCESS IS A JOURNEY", creating a life from Antique, Philippines to the United States of America.

The themes cover a diversity of subjects: from a lowly man who was a dreamer and became a physician, participated in the American Dream and forged to awaken the Filipino-American psyche from the torpor of an imperative change.

His primary dream was the unity of all Filipinos, wherever they are, but especially in this second country they have adopted.

By simply wanting to help others, Dr. Candari discovered that his life became more meaningful and grand. His mission to reach others in their dire need made his life extraordinary. Dr. Candari, one of the three founding physicians, calls

Operation Samahan the highlight of his career. Indeed, I am absolutely impressed of the founding of a community health clinic that served the poor and the disadvantage in the San Diego County. The "Operation Samahan" story, "From ethnic to the mainstream" is an example of his brilliant and exemplary leadership.

I was very pleased that a person of Dr. Candari's competence who served on the San Diego Stadium Authority on my recommendation, contributed to the City of San Diego in this very significant way. Dr. Candari's evident visibility in the city as well as the California's political arena has been producing positive image results for the Filipinos.

It is with great honor and pride that I wrote this introduction message for this book, entitled "SUCCESS IS A JOURNEY."

Sincerely,

BOB FILNER
Member of Congress

About the Author:

A Dynamic Leader - A Perfect Role Model

CESAR D. CANDARI, M.D., FCAP EMRITUS is a pathologist, has practiced in San Diego for thirty years at Mercy Hospital and Medical Center (now Mercy Scripps) and retired in 1999. Born and raised in Pandan, Antique, Philippines, he graduated valedictorian in high school. He moved to the United States after graduation from the Far Eastern University Institute of Medicine, Manila Philippines in 1961. After his postgraduate training in the field of pathology, he became a Diplomate in Anatomic and Clinical Pathology and the first Filipino-American Certified Specialist in Blood Banking and served as Medical Director of Transfusion Service.

Dr. Candari has held several major positions in the community civic associations, medical and specialty organizations. He ran successfully for the powerful position as Speaker of the House of Delegates of the Association of Philippine Physicians in America (APPA) a "premier Filipino Medical Organization" now, in a census of 2008, is composed of twenty-one thousand Filipino doctors practicing in the America. He served as Alternate Delegate from the state of California, to the House of Delegates of the College of American Pathologists. As a member of the Board of Trustees of his alumni Foundation, the Far Eastern University DNR School of Medicine for 25 years, he was elected in 2002 as executive vice president (EVP) of the Foundation, a stepping-stone towards the position of presidency and chairmanship of the Board. Unfortunately, an ailment abridged his dream for the senior positions.

Dr. Candari has the distinction of being the first Commissioner of Filipino descent appointed to the Governing Board of the San Diego Stadium, now known as Qualcomm Stadium with the main function of overseeing San Diego's famous athletic stadium for the San Diego Chargers, where events like football's Super Bowl and formerly the San Diego's Padres games were held. "It is an honor for the Filipinos in San Diego County to have one of their own people deciding major decisions that affect the profitability of the San Diego's famous stadium—a major source for revenue for the City" commented one of the Filipino businessmen. "Our city has more than 100,000 Filipinos and Dr.

Candari's appointment to the major position indicates that the politicians are seriously eyeing to develop the Filipino community" Dr. Candari's evident visibility in the city as well as the state's political arena has been producing positive image results for the Filipinos. One outstanding position was an appointment of Dr. Candari as Field Commissioner of the Licensing Division of the State Medical Board of California in 1978. This position involved conducting the oral and comprehensive clinical examination process to candidates applying for licensure in the State of California to both American and Foreign Medical Graduates from other states.

He was a member of the Subcommittee for Asian affairs and a liaison for San Diego's popular previous Congressman Jim Bates.

In 1991, he was honored as one of the Twenty Outstanding Filipino Abroad (TOFA) by the *Filipino-American Image* magazine in Washington, D.C.

Dr. Candari was one of the three founding physicians of *Operation Samahan Community Health Clinic* where he volunteered his services predominantly as chairman of the board for 17 years. He became the founding President of the Philippine Medical Foundation that managed *Operation Samahan Clinic* servicing the medical needs of the disadvantage families in the San Diego Community. As a respected Filipino practicing physician in the San Diego County, Dr. Candari helped formed the first Philippine Medical Association in San Diego, was President from 1981 to 1982, and 1987 to 1989.

Dr. Candari concretely exemplifies the multi-talents contribution of the Filipino-Americans to mainstream-America.

His writing skill is uniquely his own style with journalistic sagacity written in simple and straightforward manner.

He was an editorial contributor for *Filipino Press* newspaper in San Diego for several years. He was a former member of the Editorial Board of *Philippine Physician*, the official journal of the Association of Philippine Physicians in America serving from time to time. He writes occasionally for *Global Balita* and the *Asian Journal of San Diego*.

Dr. Candari is simply a born social worker . . . endowed with natural diplomatic skills. He is an ultimate believer of what Zig Ziglar says that, "*Success is a process, not an event, a journey, not a destination.*"

He is married to the former Miss Cely M. Asprec and they have 4 children and 6 grandchildren.

Dr. Candari and his wife now reside in Henderson, Nevada.

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Upon purchase of this book, **SUCCESS IS A JOURNEY**, you are actually contributing a portion of the sale prize to Pandan Antique Foundation, Inc. (PAF), a Nonprofit, Public Benefit Corporation Registered in California, USA, a 501(c) 3 California Corporation. Therefore I appeal for your separate donation in any amount to PAF. This is tax deductible to help the poor **'Tulong sa Pobre'** in Pandan, Antique, Philippines. OUR MISSION: To undertake various support programs, projects, and activities geared toward helping our beloved hometown PANDAN designed to bring progress and prosperity in order to improve the quality of life and general well being of our fellow town mates.

Various projects are listed in Chapter 18 .

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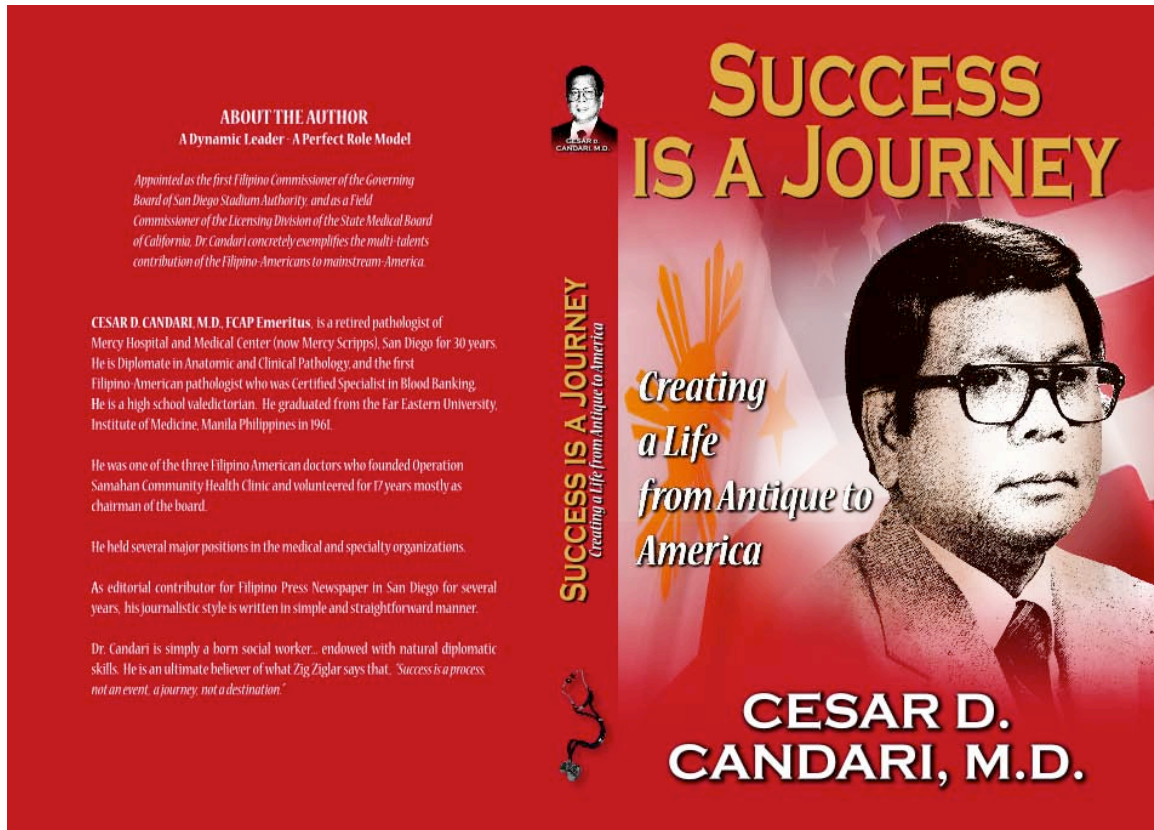
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ABOUT THE AUTHOR
A Dynamic Leader - A Perfect Role Model

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CESAR D. CANDARI, M.D., FCAP Emeritus is a retired pathologist of Mercy Hospital and Medical Center (now Mercy Scripps), San Diego for 30 years. He is Diplomate in Anatomic and Clinical Pathology, and the first Filipino-American pathologist who was Certified Specialist in Blood Banking. He is a high school valedictorian. He graduated from the Far Eastern University, Institute of Medicine, Manila Philippines in 1961.

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